

-SpinalAid

REALIN HISTORY							
Patient Name:Date/							
Age Birthday Date of last physical examination							
What is your reason for visit?							
SYMPTOMS Check () symptoms you currently have or have had in the past year.							
<u> </u>	GENERAL		TROINTESTINAL			CONDITIONS	
		_		_ !	NTEGUMENTARY		
Ц	Chills	닏	Appetite poor	닏	Bruise easy	Albahaliana	
닏	Depression Dizziness		Bloating		Hives	Alcoholism Anemia	
	Fainting		Bowel changes Constipation		Change in moles Sores that wont heal	Anorexia	
H	Fever	- 5	Diarrhea	ä	Itching	Appendicitis	
ō	Forgetfulness	<u> </u>	Excessive hunger	ā	unusual swelling	Asthma	
	Headache		Excessive thirst		sores/ulcers	Bleeding Disorders	
	Loss of Sleep		Gas		Rash	Breast Lumps	
	Loss of Weight		Hemorrhoids	u,	Scars	Bronchitis	
	Nervousness Sweats		Indigestion Nausea		NEUROLOGICAL Seizures	☐ Breath shortness	
			Rectal bleeding	ă	Vertigo	☐ Buliemia☐ Cancer	
	EYES		Stomach pain	ō	Dizziness	Cataracts	
	Crossed eyes		Vomiting no blood	ā	Hand Trembling	Chemical Dependency	
Щ	Double vision		Vomiting bleeding		Loss of Sensations	Chicken Pox	
H	Vision - Flashes	CAF	RDIOVASCULAR		Loss of facial epressio	n 🔲 Diabetes	
H	Vision - Halos Blurred vision		Chest pain		Weak Grip	Emphysema	
		ō	High blood pressure		Paralysis	Epilepsy	
E	ARS/NOSE/THROAT		Irregular heart beat		Difficulty of Speech Tingling	Glaucoma	
	Earache		Low blood pressure	d	Loss of Memory	Goiter	
Щ	Ear Discharge		Poor circulation	ā	Numbness	☐ Gonorrhea☐ Gout	
	Ringing in ears Loss of hearing		Rapid heart beat	ā	Un-coordination	Heart Disease	
	Hay fever		Swelling of ankles	MU	ISCLE/JOINT/BONE	Hepatitis	
ă.,	Sinus problem		Varicose veins		Arms	Hernia	
ō	Nose bleeds		WOMEN only		Hips	Herpes	
	Bleeding gums		Abnormal Pap Smear Bleeding between periods		Back	High Cholesterol	
	Hoarseness	Ħ	Breast lumps		Legs	HIV Positive	
	Difficulty swallowing		Extreme menstrual pain		Feet Neck	☐ Kidney Disease☐ Liver Disease	
	Persistent cough	<u> </u>	Hot flashes	ä	Hands	☐ Liver Disease ☐ Measles	
	RESPIRATORY		Nipples discharge	Ħ	Shoulders	☐ Migraine Headaches	
Ц	Shortness of breath		Painful intercourse		PSYCHIATRIC	☐ Miscarriage	
H	Cough Congestion Distress Sputum		Vaginal discharge		Hyperventilation	Mononucleosis	
7	ENITO-URINARY		Other Date of last menstrual		Insecurity	Multiple Sclerosis	
	Blood in urine	_	period		Depression	Mumps	
	Frequent urination		Date of last Pap		Trouble Sleeping	Pneumonia	
ă	Lack of bladder control	_	Smear		Irritable	Polio	
ā	Painful urination		Have you had a		Anxiousness Undecidedness	Prostate Problem Psychiatric Care	
	ENDOCRINE		mammogram?	ă	Timid	Rheumatic Fever	
	Weight gain	H	Are you pregnant? Number of children	ā	Hallucinations	Scarlet Fever	
ă	Wight loss		MEN only		Loss of Memory	Stroke	
ō	Hoarseness		Breast lumps		Alcoholism	Suicide Attempt	
	Heat Intolerance		Erection difficulties		Drug Addiction	Thyroid Fever	
	Cold Intolerance		Lump in testicles	Щ	Drug Dependency	Ulcers	
	Breast Changes	Щ	Penis discharge	H	Extreme Worry Sexual Problems	□ Vaginal Infections □ Venereal Disease	
H	Hair C hanges Extreme Thirst	片	Sore on penis Other		Suicidal Thoughts	Other	
MEL	MEDICATIONS List medications you are currently taking, and dosages					S to medications or substances	
Patient SignatureDate/							
(''	(or guardian)						